

BIATHLON



AGE GROUP(S)

Juvenile Boys and Girls:	11 and 12 years old (Year of birth: 1997-1998)
Junior Boys and Girls:	13 and 14 years old (Year of birth: 1995-1996)
Senior Boys and Girls:	15 and 16 years old (Year of birth: 1993-1994)

*Ages as of December 31, 2009

Competing in an older age group (skiing-up) is permitted, provided an athlete fits into the range of age eligibility for Biathlon Events at the Alberta Winter Games.

ZONE TEAM COMPOSITION

The maximum team size shall be:

<u>12</u> competitors per zone	(2 Juvenile Boys, 2 Juvenile Girls)
	(2 Junior Boys, 2 Junior Girls)
	(2 Senior Boys, 2 Senior Girls)
<u>3</u> coaches or chaperones per zone	(# of females <u>min 1</u> # of males <u>min 1</u>)

Note: Should a zones have six (6) or fewer competitors, the zone will be allocated a maximum of two (2) coaches/chaperones.

FILL POLICY

1. Only athletes who participate in zone trials are eligible for selection. The top two athletes in each category, in each zone trial, are automatically selected, up to a maximum of twelve (12) athletes per zone.
2. Any unfilled spots within a zone quota may be taken up by athletes who participated in another Zone Trial.
3. To fill these empty spots, the Provincial Biathlon Sport Coordinator will establish a province-wide ranking order, by category, based on the Zone trial and/or Calforex competitions. Empty slots will be filled preferentially in this order:
 - Same category; same age category (provided available accommodation); any category (provided available accommodation).
4. Athletes selected under this policy will be registered with and compete for their home Zone at the Games.
5. Zones which have significantly more than twelve (12) athletes selected may apply for permission to send an extra coach/chaperone.

Selections must be submitted for approval to the Alberta Sport, Recreation, Parks & Wildlife Foundation by **January 11, 2010**.

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ELIGIBILITY

Athletes

- Athletes who were medal winners in the Senior Boys/Girls category at the previous year's National Championships are not eligible.
- All athletes must be members of Biathlon Alberta through an affiliated club.

Refer to the Alberta Games Athlete Eligibility guidelines (listed on page 11) for further details.

Coaches

NCCP Certification - A minimum of one (1) member per zone of the staff registered as coaches must be fully certified (theory, technical, and practical) under the National Coaching Certification Program to at least **Level 1 in Biathlon** or **Community Coaching Gold Certified**.

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

AFFILIATION

Biathlon Alberta membership is required for all athletes and coaches participating in zone playoffs and the Alberta Games. Contact Biathlon Alberta (www.biathlon.ca) in Calgary at (403) 202-6548 or e-mail info@biathlon.ca for details.

PROVINCIAL GAMES REGISTRATION FEE AND DEADLINE

All zone team competitors, who qualify to compete at the 2010 Alberta Winter Games (excluding coaches and chaperones), are required to pay an individual registration fee of \$40.00. This fee will go towards offsetting the costs related to transportation, accommodation, meals, zone identification, medals, athlete entertainment and sport competitions. This fee must accompany the athlete's registration form for the Provincial Games.

Please note that the registration deadline for Biathlon is **January 11, 2010**.

EVENT(S)

<u>Category</u>	<u>Age</u>	<u>Individual</u>	<u>Sprint</u>	<u>Mass Start</u>
Juveniles Boys/Girls	12 years old and younger	5.0 km (PPP)	3.0 km (PP)	4.0 km (PPP)
Junior Boys/Girls	14 years old and younger	6.0 km (PPP)	4.0 km (PP)	5.0 km (PPPP)
Senior Boys/Girls	16 years old and younger	7.5 km (PSPS)	6.0 km (PS)	5.0 km (PPSS)

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EVENT(s), cont'd

Standard IBU rules with the following Biathlon Alberta modifications will apply:

- Senior Boys/Girls carry their rifles only on the range.
- Junior Boys/Girls do not carry rifles.
- Junior Boys/Girls shoot only in the prone position.
- Competitors in the Juvenile Boys/Juvenile Girls and Junior Boys/Junior Girls categories will be assessed 40 second penalties in the Individual event and will ski 100m penalty loops in the Sprint and Mass Start events. Competitors in the Senior Boys/Senior Girls categories will be assessed 1 minute penalties in the Individual event and will ski 150m penalty loops.
- All Juveniles Boys/Girls use air rifles only.
- Individual, sprint races and mass start will be run in same gender categories.

PROTEST PROCEDURES

- Protests are to be filed to the Competition Secretary within fifteen (15) minutes of provisional results being posted as per Biathlon Alberta policy.
- A caution fee of \$100.00 as per Biathlon Alberta policy will be required with filing.
- Fee returned with successful protest.

EQUIPMENT SPECIFICATIONS

As per IBU rules. Ski length requirement will not be enforced.

ENTRY AND ZONE PLAYOFF PROCEDURES

- Events hosted on one (1) weekend will be designated by Zone Representatives to select athletes for the Alberta Winter Games.
- In case of cancellation due to weather, an alternate competition or results from previous races may be used.

Consult the Provincial Sport Advisor or the Foundation Sport Liaison (listed on page 9) to determine the date and location of zone playoffs.

PROVINCIAL SPORT COORDINATOR

Andy Holmwood
109, Bob Niven Training Centre
88 Canada Olympic Rd SW
Calgary, Alberta
T3B 5R5

Telephone: (403) 202-6548 (b)
(403) 286-7213 (f)
E-mail: info@biathlon.ca

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ZONE SPORT REPRESENTATIVE

Each of the eight (8) zones has a designated Biathlon representative. The Provincial Sport Advisor or the Foundation Sport Liaison (listed on page 9) can advise you how to contact this person.

HOST COMMUNITY SPORT CHAIR

Alain Dallaire

Telephone: (780) 639-4229 (h)

(780) 207-7206 (c)

Email: alaindallaire@mscnet.ca

