

# WRESTLING



## AGE GROUP(S)

13 - 15 years of age (as of December 31, 2010)  
Year of Birth: 1995 - 1997

## ZONE TEAM COMPOSITION

The maximum team size shall be:

<u>18</u>	competitors per zone	(# of females	<u>7</u>	# of males	<u>11</u> )
<u>3</u>	coaches or chaperones per zone	(# of females	<u>1</u>	# of males	<u>2</u> )

## FILL POLICY

A sport fill policy will be in effect whereby:

1. The first opportunity to fill in is provided to the Host Community.
2. The second opportunity is provided to the Host Zone.
3. If neither Host Community nor the Host Zone is able to provide the fills, the other zones will be given the opportunity.
4. The first "fill" spot will be given to the zone with the greatest number of participants in the zone playoffs.
5. Each subsequent "fill" spot will follow as per the next highest number of participants in the zone playoff.
6. If after the first round of fills there are still available spots, the zone with the greatest number of participants in the playoff will start the process again filling a second "fill" spot from that zone, and so on until all spots have been filled.
7. Fill athletes will receive zone ID for the zone they are filling to.
8. Fills count toward team points for the zone they are filling for as well as their individual points.
9. Fills will stay in accommodations with the zone they are filling to.

Fills must be submitted for approval to the Alberta Sport, Recreation, Parks & Wildlife Foundation by **January 9, 2010**.

## ELIGIBILITY

### Athletes

- All athletes of the correct age and weight may participate.
- Athletes who have won a national championship are ineligible.

Refer to the Alberta Games Athlete Eligibility guidelines (listed on page 11) for further details.

**IX. SPORT COMPETITION PACKAGE**

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**WRESTLING, continued**

**ELIGIBILITY, cont'd**

**COACHES**

**NCCP Certification** - A minimum of one (1) member per zone of the staff registered as coaches must be fully certified (theory, technical, and practical) under the National Coaching Certification Program to at least **Level 1 in Wrestling** or **Community Coach Trained**.

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

**AFFILIATION**

Affiliation with the AAWA is required at the zone level by January 9, 2010. Affiliation fee is \$10.00/athlete.

Apply to the AAWA at:

11759 Groat Road  
Edmonton, Alberta  
T5M 3K6  
(780) 415-0140

Benefits of affiliation include:

- Access to provincial program
- Insurance
- Provincial ranking
- Voting privileges
- Participation in coaching/officiating programs
- Newsletter

**PROVINCIAL GAMES REGISTRATION FEE AND DEADLINE**

All zone team competitors, who qualify to compete at the 2010 Alberta Winter Games (excluding coaches and chaperones), are required to pay an individual registration fee of \$40.00. This fee will go towards offsetting the costs related to transportation, accommodation, meals, zone identification, medals, athlete entertainment and sport competitions. This fee must accompany the athlete's registration form for the Provincial Games.

Please note that the registration deadline for Wrestling is **January 9, 2010**.

**EVENT(S)**

- All males of the correct age may compete in the following weight categories (kg):
  - 37 - 40, 43, 47, 51, 55, 60, 65, 70, 76, 83, 83+ (95 maximum). **There will be a one (1) kg weight allowance at the Games.**
- All females of the correct age may compete in the following weight categories (kg):
  - 39 - 42, 46, 51, 56, 60, 65, 70. **There will be a one (1) kg weight allowance at the Games.**

## **WRESTLING, continued**

### **EVENTS, CONT'D**

- Round Robin Dual Meet (2 pools)
- 3 Rounds of 1.5 minutes
- Fill athletes do contribute to team medal standings
- Athlete weigh in will occur the evening before competition.
- Medical staff will be present at the weigh in to check each athlete and are obligated to eliminate any wrestler who has or appears to have any contagious skin disorder or any ailment that would prevent them from competing at a minimum safe level.

Competition governed by Canadian Amateur Wrestling Rules.

Seeding will be done from the results at the 2008 Alberta Winter Games.

### **PROTEST PROCEDURES**

A written protest may be submitted to the Head Official in the case of an infringement of the Wrestling rules, no later than 30 minutes after the bout ends, accompanied by a fee of \$25.00.

The Protest Committee will consist of the Head Official, a neutral Coach from another zone and the Tournament Director.

No member should have any conflict of interest in reviewing the protest bout.

### **ENTRY AND ZONE PLAYOFF PROCEDURES**

The Zone Sport Representatives will decide team selection procedures for each zone.

Consult the Provincial Sport Coordinator or the Foundation Sport Liaison (listed on page 9) to determine the date and location of zone playoffs.

### **PROVINCIAL SPORT COORDINATOR**

Mike Drought  
c/o Alberta Amateur Wrestling  
Association  
Groat Road  
Edmonton, Alberta T5M 3K6

Telephone: (780) 415-0140 (b)  
Fax: (780) 427-0524 (f)  
E-mail: aawa@ocii.com

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Edmonton, Alberta T5M 3K6

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## **WRESTLING, continued**

### **ZONE SPORT REPRESENTATIVE**

Each of the eight (8) zones has a designated Wrestling representative. The Provincial Sport Coordinator or the Foundation Sport Liaison (listed on page 9) can advise you how to contact this person.

### **HOST COMMUNITY SPORT CHAIR**

Joe Cull

Telephone: (780) 594-8589 (h)  
(780) 201-2491 (c)  
(780) 840-8000 ext 4942 (w)  
E-mail: [jsmc@telus.net](mailto:jsmc@telus.net)  
[joseph.cull@nftc.com](mailto:joseph.cull@nftc.com)

